



Excellence, Innovation and Compassionate Care

- STAT
- Phone Results
- Report Only Films
- CD Internet

Today's Date: _____ Exam Date: _____ Exam Time: _____
 Patient Name: _____ Date of Birth: _____ Male / Female
 Referring Physician (Print) _____ Phone: _____ Fax: _____
 Referring Physician Signature: _____
 Clinical History/Symptoms: _____

CC Physician(s): _____
 For Contrast Exams: Age >60 Diabetes Renal Disease Currently on Chemotherapy Creatinine: _____ Lab Date: _____

Magnetic Resonance Imaging (MRI)

- W/O Contrast W & W/O Contrast
- Brain Brain with Spectroscopy
- Pituitary Internal Auditory Canals (IAC's)
- Neck (soft tissue)
- Chest Cardiac
- Shoulder Left Right
- Breast MRI Guided Breast Biopsy
- Abdomen MRCP
- Cervical Spine Thoracic Spine Lumbar Spine
- Knee Left Right
- Arthrogram
- Upper Extremity: _____
- Lower Extremity: _____
- Brain Angiography Carotid Angiography
- Abdominal Angiography Renal Angiography
- Lower Extremity - Angiography Run-off
- Pelvis
- Other: _____

Positron Emission Tomography (PET/CT)

- Whole Body PET/CT with Diagnostic CT
Includes Diagnostic CT: Head, Neck, Chest Abdomen and Pelvis
- With Contrast Without Contrast
- Whole Body PET/CT
- Brain PET/CT
- Cardiac PET/CT for viability

Ultrasound / Non-Invasive Vascular Studies

- Ultrasound**
- Thyroid Abdomen Renal Testicular
- Female Pelvis w/ Transvaginal (as indicated) Male Pelvis
- OB (1st Trimester Only)
- Ultrasound Guided Biopsy Thyroid / Fine Needle Aspiration
- Other: _____
- Vascular Studies**
- Carotid
- Venous Doppler Lower R L Upper R L
- Arterial Doppler Lower R L Upper R L
- Other: _____

Women's Imaging / Breast Center

- Diagnostic Digital Mammo (w/ ultrasound as indicated)
 Bilateral Unilateral
- Screening Digital Mammo
- Breast Ultrasound Ultrasound Guided Breast Biopsy
- Breast MRI MRI Guided Breast Biopsy
- Stereotactic Breast Biopsy
- Bone Density
- Other: _____

Computerized Tomography (CT)

- W/O Contrast W/ Contrast
- Head Neck (Soft Tissue) Chest
- Abdomen Pelvis
- Cervical Spine Thoracic Spine Lumbar Spine
- Sinuses
- Myelogram Temporal Bones
- Upper Extremity: _____
- Lower Extremity: _____
- Coronary Artery Calcium Scoring
- Virtual Colonoscopy
- CT Angiogram - Head CT Angiogram - Coronary Vessels
- CT Angiogram - Abdomen CT Angiogram - Neck
- Lower Extremity - CT Angiogram (Run-off)
- Other: _____

Nuclear Medicine

- Bone Scan Whole Body Limited of _____ SPECT
- Hepatobiliary Scan only w/ CCK for Ejection Fraction
- MUGA Gated Wall Motion
- Myocardial Perfusion Treadmill Pharmacologic Stress
- Parathyroid Scan Only
- Renal Flow, Function, Static w/ ACE Inhibitor w/ Diuretic
- Thyroid Uptake & Scan Scan only I-131 Therapy
- Tumor I-131 Gallium other _____
- White Blood Cell Indium Tc99m
- OTHER _____

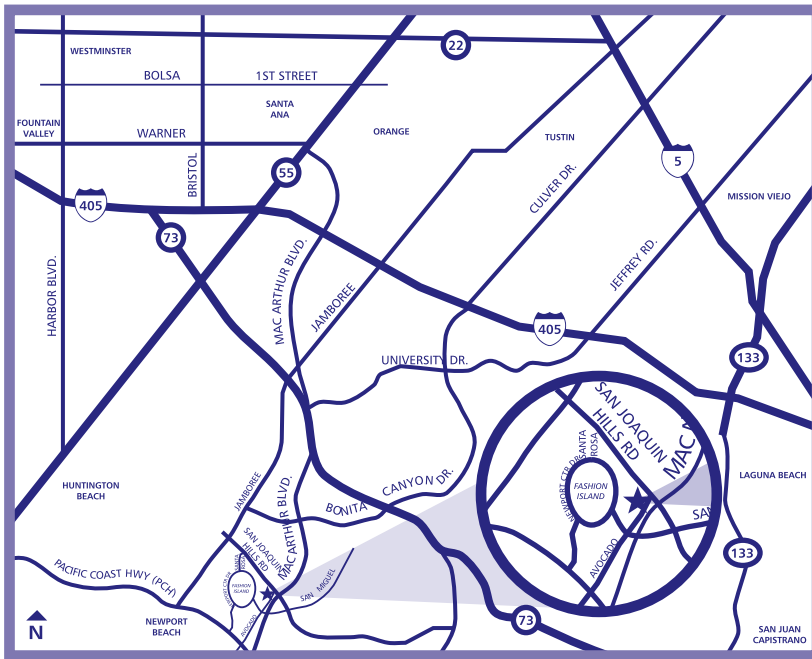
Cardiology

- Echocardiogram Treadmill Stress Test
- Electrocardiogram (ECG) 24 Hour Holter Monitor
- Other: _____

X-Ray / Fluoroscopy

- Routine:**
- Chest Abdomen Series KUB
- Sinus Skull
- Cervical Spine Thoracic Spine Lumbar Spine
- Other: _____
- Special Procedures:**
- Esophagram Upper GI Small Bowel BE IVP
- Myelogram Cervical Thoracic Lumbar
- Arthrogram: _____
- Other: _____

Directions to Newport Diagnostic Center:



From South County:
 5 North to 405 North.
 Exit MacArthur.
 Turn Left and Drive 5.5 Miles.
 Right on San Miguel.
 Right on Avocado Avenue.
 Continue Past Stop Sign.
 NDC Will Be on Your Left.

From North County:
 405 South.
 Exit MacArthur Blvd.
 Turn Left and Drive 5.5 Miles.
 Right on San Miguel.
 Right on Avocado Avenue.
 Continue Past Stop Sign.
 NDC Will Be on Your Left.

73 Toll Road:
 North 73 Toll.
 Exit Bison & Turn Left.
 Left on MacArthur Blvd.
 Right on San Miguel.
 Right on Avocado Avenue.
 Continue Past Stop Sign.
 NDC Will Be on Your Left.

From 55 Southbound:
 55 South to 73 South.
 Exit MacArthur Blvd.
 Drive 2.3 miles.
 Right on San Miguel.
 Right on Avocado Avenue.
 Continue Past Stop Sign.
 NDC Will Be on Your Left.

Pacific Coast Highway:
 PCH to Avocado Avenue.
 North on Avocado Avenue.
 Continue Past San Miguel.
 Continue Past Stop Sign.
 NDC Will Be on Your Left.

**Please Remember to Bring
 Your Parking Ticket for
 Validation.**

Patient Preparation For Diagnostic Procedures:

Procedure	Preparation
IVP Intravenous Pyelogram BE Barium Enema	Please follow the LoSo Prep - 24 Hour preparation instructions. Patients with COLITIS, BOWEL OBSTRUCTION or RENAL INSUFFICIENCY: Please call your ordering physician for prep instructions.
UGI Upper Gastrointestinal Series (Also Esophagram & Small Bowel Series)	Nothing to Eat or Drink for 8 hours prior to exam.
CT Computed Tomography	CT with contrast: Nothing to Eat or Drink for 4 hours prior to exam. Patients with Kidney problems, please contact our office. CT non-contrast: No preparation required. <i>If your exam requires contrast, DO NOT eat or drink anything for 4 hours prior to your exam. Please notify scheduler if you are taking medication for diabetes or have a known allergy to iodine.</i>
Mammogram or Breast Imaging	Plan to bring your prior mammography films if they were not taken at NDC. No powder, perfumes, lotions or deodorants between your neck and waist the day of the exam.
Pelvic Ultrasound	Female – Finish 32 oz of clear liquid one hour before your exam time. Male – Finish 24 oz of clear liquid one hour before your exam time. DO NOT EMPTY YOUR BLADDER
Abdominal Ultrasound	Nothing to Eat or Drink for 8 hours prior to exam.
MRI Magnetic Resonance Imaging	No preparation necessary. PATIENTS WITH PACEMAKERS CANNOT HAVE MRI STUDIES <i>Please notify scheduler if any of the following pertains to you: Cardiac Pacemaker, Aneurysm Clips, Cochlear implants, you are an Occupational Metal Worker or may be Claustrophobic.</i>
PET/CT Positron Emission Tomography/ Computed Tomography	If possible, drink plenty of fluids beginning 24 hours before your examination. Nothing to Eat or Drink for 6 hours prior to exam. <u>You may take medications with a small amount of water if necessary except diabetic medication glucophage (metformin).</u> This exam is 2 hours in length. Dress warmly and minimize wearing metal.